

## Activities

### Lunch Served Daily

*Monday-Friday: 11:15am-12:30pm*

### MAP - Medicare Counseling

*Monday-Tuesday: 10am-2pm*

*Wednesday: 10am-12pm*

### Texas Hold 'Em

*Monday-Friday: 8am-10am*

### Stretch & Tone Exercise

*Monday, Wednesday, and Friday:  
9am-10am*

### Bingo

*Monday, Wednesday, and Friday:  
12pm-1:30pm*

### Catholic Charities Benefit

#### Enrollment

*Wednesday 10am-12pm*

### Bean Bag Baseball

*Tuesday & Friday: 1:30pm-4pm*

### Ukulele Group

*Monday: 2pm-4pm*

### Crochet Club

*Tuesday: 9am-11am*

### Grumpy Old Men -Big Band Live

*Wednesday: 10:15am-11:30am*

### Scrabble

*Wednesday: 10am-1pm*

### Mahjong

*Thursday: 12pm-3pm*

### Line Dancing and Lessons

*Thursday: 1pm-3:30pm*

### Jus' Right -Hawaiian Music Live

#### Band

*Friday: 10am-12pm*



**HUMAN SERVICES  
AGENCY**

# May 2024 -OAM

## Washoe County Senior Center

### 1155 E 9<sup>th</sup> Street Reno, NV 89512

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
<b>Lunch Served Daily Monday-Friday 11:15am-12:30pm</b>		-Senior Advisory Board Meeting 3pm Game Room or Zoom -10am-1pm: OAM Info Fair, Center for Healthy Aging, & Medicare Store		<b>Senior Coalition Meeting 8:30am</b>
6	7	8	9	10
-BP Clinic 10am-12pm - Dig in to Grow Healthy 1pm-2pm	<b>Getting There: Transportation 11am-1pm</b>	<b>Reno Gem &amp; Mineral Society Presentation-Free 10am-11am</b>		<b>Immunization Clinic 9:30am-12:30pm</b>
13	14	15	16	17
-BP Clinic 10am-12pm - Dig in to Grow Healthy 1pm-2pm -Free Poetry Workshop 1pm-2pm	-POA/Estate Plan: 11am-12pm  -Saint Mary's Hospice Grief Group: 1pm-3pm		-Food Bank of Northern Nevada 8:00am -CARE Chest 8am-11am	<b>Spring Fling-Free 5-6:30pm</b>
20	21	22	23	24
-BP Clinic 10am-12pm - Dig in to Grow Healthy 1pm-2pm -Golden Encore 1pm-2pm	-Food Pantry 8:00am -Senior Idol Talent Show 1pm-3pm -Estate Planning Seminar 11am		<b>Washoe County Senior Breakfast - Free 8:30-10am</b>	
27	28	29	30	31
<b>MEMORIAL DAY- Senior Center Closed</b>	-Senior Idol Talent Show 1pm-3pm			<b>Birthday Friday! OAM Sock Hop! - Free 2-4pm</b>